



FCDC

Family Child Development Center

JANUARY & FEBRUARY

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Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 1-25 Oatmeal * Milk Orange Lunch: Chicken Tomato Bake Green Beans Applesauce Milk Snack: Water Ant On Log Raisins Cucumber Crackers	Breakfast: 1-26 Waffles <u>Peaches Milk</u> Lunch: Taco Salad (Lettuce <u>Tomatos, Meat, Cheese</u> Taco Shells*) Rice Pears Milk Snack Sweet Potato Fries Milk	Breakfast: 1-27 Rice <u>Krispies Milk</u> Apple Lunch Chicken Nuggets Bread & Butter Corn* Pineapple Milk Snack Cheese It Crackers Milk	Breakfast: 1-28 Bagels & Cream Cheese <u>Oranges Milk</u> Lunch: Choy Suey Hotdish Mix Veggies Banana Bread & Butter * Milk Snack Crunchy Rice Rolls	Breakfast: 1-29 Cheerios * Milk Apple Lunch: Turkey & Cheese Sandwich Carrots Oranges Milk Snack Graham Cracker Milk
Breakfast: 2-1 Corn <u>Chex Milk</u> Orange Lunch: <u>Tuna Melt</u> Om Bun * Pears Mixed Vegetables Milk Snack: Salsa & Tortilla Chips Milk	Breakfast: 2-2 French Toast <u>Pears Milk</u> Lunch: Hamburger Soup Cheese Sandwich * Pineapple Milk Snack: Vanilla Yogurt Cheerios Milk	Breakfast: 2-3 <u>Kixs Milk</u> Apple Lunch: Chicken, Rice, Cheese, <u>Broccoli Casserole</u> Bread & Butter* Oranges Milk Snack: Animal Crackers Milk	Breakfast: 2-4 English Muffins <u>Banana Milk</u> Lunch: Spaghetti-Meat Sauce Breadsticks* Peas Peaches Milk Snack Cantaloupe Wheat Chex * Water	Breakfast: 2-5 Oatmeal* Milk Orange Lunch: Peanut Butter & Jelly Sandwich* Cheese Stick Cucumbers Apple Milk Snack: Trail Mix Milk

*Whole Wheat

2021