



JULY

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7-18 Corn Flakes Milk Apple Lunch Chicken Patty Bread & Butter Carrots Pineapple Milk Snack Cucumbers & Carrots Veggie Dip Water	Breakfast: 7-19 Waffles Peaches Milk Lunch: Hamburger Soup Cheese Sandwich Pears Milk Snack Cantaloupe Cheerios Water	Breakfast: 7-20 Rice Krispies Oranges Milk Lunch French Toast Sticks Turkey Sausage Cheese Slice Green Beans Applesauce Milk Snack Salas & Tortillas Chip Milk	Breakfast: 7-21 English Muffins Banana Milk Lunch: Beef Burrito Mixed Vegetables Peaches Milk Snack: Graham Cracker Strawberry Cream Cheese Milk	Breakfast: 7-22 Oatmeal Milk Apple Lunch: Turkey & Cheese Sandwich Pepper & Celery Stick Oranges Milk Snack: Cheese It Crackers Milk
Breakfast 7-25 Oatmeal Milk Apple Lunch Fish Sticks Green Beans Bread & Butter Honey Dew Melon Milk Snack Vanilla Yogurt Cheerios Milk	Breakfast: 7-26 Pancakes Milk Pears Lunch: Taco Salad (Meat Lettuce Tomatoes Cheese Taco Shell) Pineapple Milk Snack Bean Dip & Pita Bread Milk	Breakfast: 7-27 Cheerios Milk Orange Lunch: Beef Barbecued On Roll Corn Pears Milk Snack: Apple & Cheese Water	Breakfast: 7-28 Croissants Jelly Apples Milk Lunch: Spaghetti Breadstick-Cheese Slice Peas Banana Milk Snack: Tomatoes & Saltine Crackers Water	Breakfast: 7-29 Corn Chex Milk Orange Lunch: Tuna & Cheese Sandwich Tomatoes & Cucumbers Apples Milk Snack Pretzels & Raisins Milk